

Support for NHS Chief Executives



We are
safe
and
healthy

An overview of what may support you to stay well to lead well this winter

Chief Executive Development Network

Free membership to this established network for CEOs includes access to:

- *Transitions coaching (for newly appointed CEOs)* If you are interested, please e-mail us on ceo@leadershipacademy.nhs.uk
- *Drop-in CEO common rooms and safe psychological spaces.* These sessions are arranged based on demand. To register your interest please [click here](#)

Executive Coaching

We can match you with an experienced coach who will work with you to strengthen your leadership now. [Register for the coaching here](#)

Executive Mental Wellbeing Support by Practitioner Health

This is an independent service that supports mental health assessment and treatment services and is available to all NHS executive leaders and other senior leaders 8D and above. You are able to self-refer by completing an online form [here](#) or phoning Practitioner Health directly: 0300 0303 300 (Mon – Fri, 8am-8pm | Sat, 8-2pm)

Virtual Action Learning Sets

Virtual action learning sets provide a safe, secure and confidential space, through which individuals and collectives can explore the complexities of current leadership challenges and determine new and innovative ways forward. Action learning is a form of action research. [Click here for more information](#)

From January 2022

Peer to peer support

A group of NHS chief executives have come together to form an impartial and confidential NHS chief executive peer to peer offer intended to provide individual one on one practical advice through a peer network of chief executives. This will be launched in January. For more information please contact executivesuiteoffer@leadershipacademy.nhs.uk



Our Regional centres offer a range of resources including coaching and mentoring that may be vital at this time to support you through winter.

You can find your regional NHS Leadership Academy [here](#)